

## REQUIRED READING: DEPART SMART

VIU Website link: [https://international.viu.ca/system/files/required\\_reading\\_depart\\_smart\\_0.pdf](https://international.viu.ca/system/files/required_reading_depart_smart_0.pdf)

For your safety and your acknowledgement of the risks and responsibilities of international study, we ask you to read the following sections from Education Depart Smart and verify it by initialing on the subheading line and submitting this form to the Education Abroad office by email at [educationabroad@viu.ca](mailto:educationabroad@viu.ca) or in person.

### *Academic Nuts and Bolts*

\_\_\_\_\_ Code of Conduct

### *Travel Preparation and Logistics*

\_\_\_\_\_ Travel Documents  
\_\_\_\_\_ In Transit: Airports, Customs  
\_\_\_\_\_ Health Insurance

### *Minding Your Finances Overseas*

\_\_\_\_\_ Bank Accounts  
\_\_\_\_\_ Emergency funds  
\_\_\_\_\_ Credit/Debit Cards  
\_\_\_\_\_ Keeping your Money Safe  
\_\_\_\_\_ Power of Attorney

### *Site Specific Information & Assessing the Risk*

\_\_\_\_\_ Health Risks  
\_\_\_\_\_ Personal Safety Risks  
\_\_\_\_\_ Political Risks  
\_\_\_\_\_ Environmental Risks

### *Safety & Legalities Abroad*

\_\_\_\_\_ Canadian Embassies & Consulates  
\_\_\_\_\_ Safety Precautions Checklist  
\_\_\_\_\_ Gender Safety Issues  
\_\_\_\_\_ Troubleshooting: What to do when things go wrong

### *Health & Wellness Abroad*

\_\_\_\_\_ "I feel Like a Pin Cushion": Immunizations & Vaccinations  
\_\_\_\_\_ Prescription Drugs

### *Cross-Cultural Living*

\_\_\_\_\_ On the Road to Cultural Adaptation: 3 Stages  
\_\_\_\_\_ The Cross-Cultural Workplace  
\_\_\_\_\_ Coping Strategies  
\_\_\_\_\_ Racial, Ethnic & Religious Concerns  
\_\_\_\_\_ Photography Abroad  
\_\_\_\_\_ Being Canadian Abroad

Signed by: \_\_\_\_\_ Date: \_\_\_\_\_

**DEADLINE: Prior to Departure**