INTERCULTURAL COMPETENCE: SELF-REFLECTION

PART ONE. The items listed below are invaluable in developing intercultural competence and in interacting effectively and appropriately with people from other cultures. Please rate yourself on the following:

5 = very high 4 = high 3 = average 2 = below average 1 = poor

1. Respect (valuing other cultures)                       5 4 3 2 1
2. Openness (to intercultural learning and to people from other cultures) 5 4 3 2 1
3. Tolerance for ambiguity                                5 4 3 2 1
4. Flexibility (in using appropriate communication styles and behaviors, in intercultural situations) 5 4 3 2 1
5. Curiosity and discovery                                5 4 3 2 1
6. Withholding judgment                                   5 4 3 2 1
7. Cultural self-awareness/understanding                  5 4 3 2 1
8. Understanding others' worldviews                       5 4 3 2 1
9. Culture-specific knowledge                             5 4 3 2 1
10. Sociolinguistic awareness (awareness of using other languages in social contexts) 5 4 3 2 1
11. Skills to listen, observe, and interpret               5 4 3 2 1
12. Skills to analyze, evaluate, and relate                5 4 3 2 1
13. Empathy (do unto others as you would have others do unto you) 5 4 3 2 1
14. Adaptability (to different communication styles/behaviors, to new cultural environments) 5 4 3 2 1
15. Communication Skills (appropriate and effective communication in intercultural settings) 5 4 3 2 1

PART TWO. Reflect on situations requiring intercultural competence—what helped make you more appropriate and effective in your interactions? Now reflect on how you can continue to develop your intercultural competence, especially areas you rated as lower.